



## Term FOUR All Levels Lunchtime Pilates Classes

### Monday 1.10pm – 1.50pm Pilates Class

6 <sup>th</sup>	13 <sup>th</sup>	18 <sup>th</sup>	27 <sup>th</sup>	4 <sup>th</sup>	11 <sup>th</sup>	18 <sup>th</sup>	25 <sup>th</sup>	1 <sup>st</sup>	8 <sup>th</sup>	15 <sup>th</sup>	22 <sup>nd</sup>	29 <sup>th</sup>	6 <sup>th</sup>	13 <sup>th</sup>
Sep	Sep	Sep	Sep	Oct	Oct	Oct	Oct	Nov	Nov	Nov	Nov	Nov	Dec	Dec

### Wednesday 12.10pm – 12.50pm Pilates Class

8 <sup>th</sup>	15 <sup>th</sup>	22 <sup>nd</sup>	29 <sup>th</sup>	6 <sup>th</sup>	13 <sup>th</sup>	20 <sup>th</sup>	27 <sup>th</sup>	3 <sup>rd</sup>	10 <sup>th</sup>	17 <sup>th</sup>	24 <sup>rd</sup>	1 <sup>st</sup>	8 <sup>th</sup>	15 <sup>th</sup>
Sep	Sep	Sep	Sep	Oct	Oct	Oct	Oct	Nov	Nov	Nov	Nov	Dec	Dec	Dec

### Friday 1.10pm – 1.50pm Pilates Class

10 <sup>th</sup>	17 <sup>th</sup>	24 <sup>th</sup>	1 <sup>st</sup>	8 <sup>th</sup>	15 <sup>th</sup>	22 <sup>nd</sup>	29 <sup>th</sup>	5 <sup>th</sup>	12 <sup>th</sup>	19 <sup>th</sup>	26 <sup>th</sup>	3 <sup>rd</sup>	10 <sup>th</sup>	17 <sup>th</sup>
Sep	Sep	Sep	Oct	Oct	Oct	Oct	Oct	Nov	Nov	Nov	Nov	Dec	Dec	Dec

**Please fill in the required boxes, once these classes booked there will be no changes made.**

**Mon 15 week course £75.**

**Wed 15week course £75**

**Fri 15 week course £75.**

Cash preferred, but cheques accepted payable to **K Gosselin**

Karen Murphy

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